

Join us for Dragon Camp!



San Carlos, CA

**2015 Twin Dragon Summer Camp
151 Old County Road, Suite D
San Carlos, Ca 94070
650-591-1127**

**www.TwinDragonAcademy.com
email: info@twindragonacademy.com**



2015 Twin Dragon Summer Camp

151 Old County Road, Suite D • San Carlos, Ca 94070 • 650-591-1127



Week 1	Week 2	Week 3	Week 4	Week 5	Week 6
Jun 22-26	July 13-17	July 20-24	July 27-31	Aug 3-7	Aug 10-14

A day in our camp will include:

- Warm Ups and Stretching
- Fun Conditioning Exercises
- Learning/Practicing Material for Student Advancement
- Games/Exercises to Improve Kicks and Blocks
- Weapons Training for Advanced Students
- Self Defense Exercises
- Fun Kung Fu Games, Arts/Crafts and Music and Movement activities
- Games and contests to help students earn points

Mondays: Martial Arts n Crafts Day! "Camp Twin Dragon" Shirt (\$15 material fee) Projects. If you do more than 1 camp we will have other cool projects. Dragon CAMP Shirt required for our walking field trip to the park (Wed).

Tuesdays: Safety Day! Learn about being safe! Safety awareness. Self Defense.

Wednesdays: Walking Field Trip to Laureola Park (weather permitting)! Martial arts fun games and races! (Half day campers: pick up at the park.)

Thursdays: Special Guest Experts and/or Special training activities

Fridays: Lunch Provided! Surprise Activity!

* * * * *

Camps are designed to be attended for the full week; however, we will still accept individual day sign ups. Monday only sign up \$10 material fee/t-shirt.

Prices:

One full day of camp: \$65
 Discount for a full week \$300 (\$25 savings)
 Siblings receive \$10 off for full week sign up

After Care Available for Full day Campers
 Only (3:00 -4:00) \$35 wk or \$10 day

Half Day Camp 9:00-12:00

One Half Day of camp: \$45
 Discount for a full week: \$205 (\$20 savings)
 Siblings receive \$10 off for full week sign up

Snacks Provided!!

Lunch is provided on Fridays!!

Please bring a backpack with:

- Bag Lunch (except Friday)
- Jacket
- One set of extra clothes
- Water Clothes for Wednesday Optional. There is a water play area at Laureola Park.

Please wear clothes you can run around in and wear running/walking shoes. No flip-flops! Skirts/dresses allowed with shorts or legging. You are responsible for your stuff!!

Dress Code enforced.

FAQ:

1. Who watches the campers?

The instructors of Twin Dragon will be running the camps. We do not hire outside help. There will always be one administrator on site/field trip.

2. How many instructors watch/play with the campers?

There will always be at least two instructors (18 yrs old +) with the campers at all times with additional interns/helpers plus an administrator.

3. Who can come to Twin Dragon Camp?

You do not need to be a member of Twin Dragon to attend, but children must be 5 years old to attend. Students of Twin Dragon may attend camp; including Tiger Tots (3-5yrs) who are potty trained.

4. How do I sign up?

Fill out a registration form, pick out the sessions you would like and make a deposit to reserve your spot.

5. When should I sign up?

As soon as possible!! Spaces will be limited to 18 students per session.

6. Who do I ask for more information?

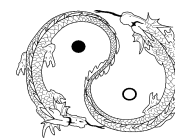
You can email Sensei Rita at senseirita@gmail.com or call the school at 650-591-1127.

Sample Camp Schedule

8:45-9:15	Drop off/Welcoming Activities
9:15-9:45	Morning Stretch and Conditioning Exercises
9:45-10:30	Martial Arts Games for Award Points/Art Project/Special Activity or Guest
10:30-11:00	Morning Snack and Conversation
11:00-12:00	Kung Fu Training with our Black Belt instructors and our Junior Interns or Special Guest Expert
12:00-1:00	Lunch and Age Appropriate Movie/Show/Quiet Activity
1:00-2:00	Memory Game/Kung Fu Charades/Cont. Art Project
2:00-2:45	Special Training Activities: Bean Battle, Paper Ninja Stars and target practice, Special Ops Scavenger Hunt, Dojo Hide and Seek
2:45-3:00	Tea Time and Pick up
3:00-4:00	After Care Activities



2015 Twin Dragon Summer Camp Registration Form



Each Child Requires A Separate Registration Form

Child's Name: _____ Birthdate: _____ Sex M F AGE

Home Address: _____ Apt. _____ City: _____ Zip: _____

Home Phone: _____ Cell: _____ Are you a Twin Dragon Student? : rank

Parent/Guardian Name: _____

Parent/Guardian Name: _____

Work # _____ Emergency # _____

Work # _____ Emergency # _____

Email: _____

Email: _____

Camp Payment/Cancellation /Transfer Policy

*I understand that camp deposits are required to hold our spot and are **non-refundable**. The deposits for programs are as follows: \$100 per week. **Payment is due two weeks before the start of the camp session.**

*I understand my registration may be cancelled if the balance is not paid two weeks before the start of each camp

* Camp Cancellations must be made in writing 1 week prior to the start of the program. You will receive a credit toward future services minus the deposit. Or you may transfer payment to another camp session this 2015 season.

* By signing up for the program indicated below, I understand and accept the above policies and I am responsible for payment. X _____

Parent/Guardian Signature

Fill in the session dates, check full or half day program and list the fees for the total amount due.

Week# and session Date(s)	<input type="checkbox"/> Full week Full Days 9:00-3:00	<input type="checkbox"/> Full week Half Days 9:00-12:00	1 day(s) only Half/Full	After Care 3:00-4:00	Subtotal	Add material fee	Discount	Total

subtotal		
Deposit Amount		
Balance Due		

Office use:

Deposit _____ Signed waiver _____

Photo release _____ Material fee _____

Emergency Form turned in _____

Paid Balance _____

Material Fee \$15
Monday only \$10



Twin Dragon Summer Camp

Confidential Health Information, Emergency Contact and Consent Form



All Camp participants must submit the following at time of registration:
Completed registration form and health information form.

Camper's Name: First: _____ Last: _____

Address: _____ City/State/Zip _____

Home Phone: _____ Birthday: / / _____ Age: _____

Parent/Guardian 1: _____ Address: _____

Work phone _____ Cell Phone _____ Home phone _____

Parent/Guardian 1: _____ Address: _____

Work phone _____ Cell Phone _____ Home phone _____

EMERGENCY CONTACTS WITH PERSONS AUTHORIZED TO PICK UP PARTICIPANT

In case of an emergency, we always try to contact the parent/guardian first. In the event the parent/guardian cannot be reached we will call down the emergency contact list. No adults other than those listed as the parent/guardian or those listed below will be able to pick up your child from our program without a legibly written, dated and signed note from the parent/guardian. *Picture ID required for pick-up.*

Name: _____ Cell # _____ Alternate # _____ Relationship _____

Name: _____ Cell # _____ Alternate # _____ Relationship _____

Name: _____ Cell # _____ Alternate # _____ Relationship _____

Name: _____ Cell # _____ Alternate # _____ Relationship _____

MEDICAL CAREGIVERS

Family Physician: _____ Doctor's Phone # _____

Doctor's Address _____

Family Dentist: _____ Dentist Phone# _____

Doctor's Address _____

Medical Insurance Company _____ Policy # _____

Immunization History (include dates)

Tetanus Booster: _____ Tuberculin (TB) Test: _____ MMR: _____ DPT: _____

Allergies: _____

Food Allergies/Dietary Restrictions: _____

Photo Release: I hereby consent to and authorize the use and reproduction by TDA, its agents/employees the use of photographs/video taken of my child during camp for use in printed material and electronic forms of media without compensation to me and agree that all material shall constitute TDA property, solely and completely.

Medical Release: This health history is correct, so far as I know, and the person herein has permission to engage in all program activities. I understand and agree that TDA assumes no financial obligations for such medical treatment, but, in the case that I cannot be reached for an emergency, I hereby give permission to the physician/medical facility selected by TDA to provide emergency treatment for my child.

I agree to and understand that the participants must follow and abide by the rules and regulations set by TDA for the health, safety, and welfare of all the children. Children may not leave the property or established boundaries without staff permission.

- If my child will not be attending the program, I will call TDA by 8:30 am and notify staff.
- I will sign my child in and out each day.

PARENT/GUARDIAN SIGNATURE _____ **DATE** _____

