

Twin Dragon Kung Fu Academy Presents

# Wing Chun Beginners Workshop

Join us at Twin Dragon to learn about the fundamentals of the ancient art of Wing Chun in this introductory workshop. Sifu Leo Alveraz will introduce students to the theories, principals and practical application of Wing Chun including Center Line Theory, Structure of Angles, and generating Chi. Sifu Leo has over 20 years' experience in Wing Chung under the authority of Grandmaster Chris Chan



**Instructor:** Sifu Leo Alveraz

\*20 years experience in Wing Chun under the authority of Grandmaster Chris Chan.



## Parks & Recreation

**When:** Saturdays 1:30-3:30

**Dates:** Sept. 3, Oct. 1, Nov. 5, Dec. 3

**\*Participants must be 17yrs or Older**

The Work Shop is located off site at Twin Dragon Kung Fu Academy, 151 Old County Road, San Carlos, 94070. For more information email: [info@twindragonacademy.com](mailto:info@twindragonacademy.com) or call the school at (650)591.1127