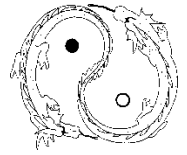


2016 Twin Dragon Summer Camp

151 Old County Road, Suite D • San Carlos, Ca 94070 • 650-591-1127



Week 1	Week 2	Week 3	Week 4	Week 5	Week 6
June 20-24	June/July 27-1	August 1-5	August 8-12	August 15-19	August 22-26

A day in our camp will include:

- | | |
|--|---|
| <ul style="list-style-type: none"> • Warm Ups and Stretching • Fun Conditioning Exercises • Learning/Practicing Material for Student Advancement • Games/Exercises to Improve Kicks and Blocks | <ul style="list-style-type: none"> • Weapons Training for Advanced Students • Self Defense Exercises • Fun Kung Fu Games, Arts/Crafts and Music and Movement activities • Games and contests to help students earn points |
|--|---|

- Mondays:** Martial Arts n Crafts Day! "Camp Twin Dragon" Shirt Project. If you do more than 1 camp we will have other cool projects. Dragon CAMP Shirt required for our walking field trip to the park (Wed).
- Tuesdays:** Safety Day! Learn about being safe! Safety awareness. Self Defense.
- Wednesdays:** Walking Field Trip to Laureola Park (weather permitting)! Martial arts fun games and races! (Half day campers: pick up at the park.)
- Thursdays:** Special Guest Experts and/or Special training activities
- Fridays:** Lunch Provided! Surprise Activity!

* * * * *

Camps are designed to be attended for the full week; however, we will still accept individual day sign ups.

Prices:

One full day of camp: \$65
 Discount for a full week \$300 (\$25 savings)
 Siblings receive \$10 off for full week sign up

After Care Available for Full day Campers
(3:00 -4:00) \$35 wk or \$10 day

Snacks Provided!!

Half Day Camp 9:00-12:00
 One Half Day of camp: \$45
 Discount for a full week: \$205 (\$20 savings)
 Siblings receive \$5 off for full half day week sign up

Lunch is provided on Fridays!!

Please bring a backpack with:

- Bag Lunch (except Friday)
- Jacket
- One set of extra clothes

Please wear clothes you can run around in and wear running/walking shoes. No flip-flops! Skirts/dresses allowed with shorts or legging. You are responsible for your stuff!!

Dress Code enforced.

FAQ:

1. Who watches the campers?

The instructors of Twin Dragon will be running the camps. We do not subcontract our camps to other organizations. There will always be one administrator on site and on field trip to the park.

2. How many instructors watch/play with the campers?

There will always be at least two instructors (18 yrs old +) with the campers at all times with additional interns/helpers plus an administrator.

3. Who can come to Twin Dragon Camp?

You do not need to be a member of Twin Dragon to attend, but children must be 5 years old to attend. Students of Twin Dragon may attend camp; including Tiger Tots (3-5yrs) who are potty trained.

4. How do I sign up?

Fill out a registration form, pick out the sessions you would like and make a deposit to reserve your spot.

5. When should I sign up?

As soon as possible!! Spaces will be limited to 18 students per session.

6. Who do I ask for more information?

You can email Sensei Rita at senseirita@gmail.com or call the school at 650-591-1127.

Sample Camp Schedule

8:45-9:15	Drop off/Welcoming Activities
9:15-9:45	Morning Stretch and Conditioning Exercises
9:45-10:45	Martial Arts Games for Award Points/Art Project/Special Activity or Guest
10:45-11:00	Morning Snack and Conversation
11:00-12:00	Kung Fu Training with our Black Belt instructors and our Junior Interns or Special Guest Expert
12:00-1:00	Lunch and Age Appropriate Show/Quiet Activity
1:00-2:00	Memory Game/Kung Fu Charades/Continue w/Art Project
2:00-2:45	Special Training Activities: Bean Battle, Paper Ninja Stars & target practice, Special Ops Scavenger Hunt, Dojo Hide and Seek...
2:45-3:00	Tea Time and Pick up
3:00-4:00	After Care Activities



2016 Twin Dragon Summer Camp Registration Form



Each Child Requires Separate Registration Form

Child's Name: _____ Birthdate: _____ Sex ___M___ F___
AGE _____

Home Address: _____ Apt. _____ City: _____ Zip: _____

Home Phone: _____ Cell: _____ Are you a Twin Dragon Student? : _____ rank _____

Parent/Guardian Name: _____

Parent/Guardian Name: _____

Work # _____ Emergency # _____

Work # _____ Emergency # _____

Email: _____

Email: _____

Camp Payment/Cancellation /Transfer Policy

*I understand that camp deposits are required to hold our spot and are **non-refundable and non-transferable**. The deposits for programs are as follows: \$100 per week. **Payment is due two weeks before the start of the camp session.**

*I understand my registration may be cancelled if the balance is not paid two weeks before the start of each camp.

* Camp Cancellations must be made in writing 1 week prior to the start of the program. You will receive a credit toward future services minus the non-refundable deposit. Or you may transfer to another camp session this 2016 season, if space is available.

* By signing up for the program indicated below, I understand and accept the above policies and I am responsible for payment. X _____

Parent/Guardian Signature

Fill in the session dates, check full or half day program and list the fees for the total amount due.

Week# and session Date(s)	<input type="checkbox"/> Full week Full Days 9:00-3:00	<input type="checkbox"/> Full week Half Days 9:00-12:00	1 day(s) only Half/Full	After Care 3:00-4:00	Subtotal	**Add Material fee	Sibling Discount-full week signups	Total

Office use:
 Deposit _____ Signed waiver _____
 Photo release _____ Material fee _____
 Emergency Form turned in _____
 Paid Balance _____

****Material fee is \$10 per week.**

Sign ups for 2-3 days add \$5 material fee

subtotal		
Deposit Amount		
Balance Due		



Twin Dragon Summer Camp

Release and Waiver of Liability and Indemnity Agreement



IN CONSIDERATION of being permitted to utilize the facilities, services and programs of Twin Dragon Kung Fu Academy, inc. (or for my children to so participate) for any purpose, including, but not limited to observation or use of facilities or equipment, or participation in any off-site program affiliated with Twin Dragon Kung Fu Academy, inc. . The undersigned, for himself or herself and such participating children and any personal representatives, heirs, and next of kin, hereby acknowledges, agrees and represents that he or she has, or immediately upon entering or participating will, inspect and carefully consider such premises and facilities or the affiliated program.

IN FURTHER CONSIDERATION OF BEING PERMITTED TO ENTER TWIN DRAGON KUNG FU ACADEMY, inc., FOR ANY PURPOSE INCLUDING, BUT NOT LIMITED TO OBSERVATION OR USE OF FACILITIES OR EQUIPMENT, OR PARTICIPATION IN ANY OFF-SITE PROGRAM AFFILIATED WITH TWIN DRAGON KUNG FU ACADEMY THE UNDERSIGNED HEREBY AGREES TO THE FOLLOWING:

1. THE UNDERSIGNED, ON HIS OR HER BEHALF AND BEHALF OF SUCH CHILDREN, HEREBY RELEASES, WAIVES, DISCHARGES AND COVENANTS NOT TO SUE TWIN DRAGON KUNG FU ACADEMY, inc. its directors, officers, employees, and agents (hereinafter referred to as "releases") from all liability to the undersigned or such children and all his personal representatives, assigns, heirs, and next of kin for any loss or damage, and any claim or demands therefore on account of injury to the person or property or resulting in death of the undersigned, whether caused by the negligence of the releases or otherwise while the undersigned or such children is in, upon, or about the premises or any facilities or equipment therein or participating in any program affiliated with TWIN DRAGON KUNG FU ACADEMY, inc.

2. THE UNDERSIGNED, ON HIS OR HER BEHALF AND BEHALF OF SUCH CHILDREN, REQUEST ADMITTANCE TO TWIN DRAGON KUNG FU ACADEMY inc., IN ORDER TO PARTICIPATE IN MARTIAL ARTS CLASSES AND RELATED BODY CONDITIONING ACTIVITIES. The undersigned is fully aware of the risks and danger involved in such activities and that unanticipated and unexpected danger may arise during such activities and assumes all risk of injury to person and property that may be sustained in connection with the activities in and about the premises.

THE UNDERSIGNED further expressly agrees that the foregoing RELEASE, WAIVER AND INDEMNITY AGREEMENT is intended to be as broad and inclusive as is permitted by the law of the State of California and that if any portion thereof is held invalid, it is agreed that the balance shall, notwithstanding, continue in full legal force and effect.

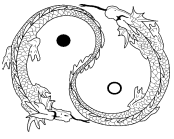
THE UNDERSIGNED HAS READ AND VOLUNTARILY SIGNS THE RELEASE AND WAIVER OF LIABILITY AND INDEMNITY AGREEMENT, and further agrees that no oral representations, statements or inducement apart from the foregoing written agreement have been made.

Signature of Applicant/Parent Date

Print Name of Child in Program Date

Print Name of Applicant/Parent Date

Print Name of Child in Program Date



Twin Dragon Summer Camp

Confidential Health Information, Emergency Contact and Consent Form



All Camp participants must submit the following at the time of registration:
Completed registration form and health information form

Camper's Name: First: _____ Last: _____

Address: _____ City/State/Zip _____

Home Phone: _____ Birthday: / / _____ Age: _____

Parent/Guardian 1: _____ Address: _____

Work phone _____ Cell Phone _____ Home phone _____

Parent/Guardian 1: _____ Address: _____

Work phone _____ Cell Phone _____ Home phone _____

EMERGENCY CONTACTS WITH PERSONS AUTHORIZED TO PICK UP PARTICIPANT

In case of an emergency, we always try to contact the parent/guardian first. In the event the parent/guardian cannot be reached we will call down the emergency contact list. No adults other than those listed as the parent/guardian or those listed below will be able to pick up your child from our program without a legibly written, dated and signed note from the parent/guardian. *Picture ID required for pick-up.*

Name: _____ Cell # _____ Alternate # _____ Relationship _____

Name: _____ Cell # _____ Alternate # _____ Relationship _____

Name: _____ Cell # _____ Alternate # _____ Relationship _____

Name: _____ Cell # _____ Alternate # _____ Relationship _____

MEDICAL CAREGIVERS

Family Physician: _____ Doctor's Phone # _____

Doctor's Address _____

Family Dentist: _____ Dentist Phone# _____

Doctor's Address _____

Medical Insurance Company _____ Policy # _____

Immunization History (include dates)

Tetanus Booster: _____ Tuberculin (TB) Test: _____ MMR: _____ DPT: _____

Allergies: _____

Food Allergies/Dietary Restrictions: _____

Photo Release: I hereby consent to and authorize the use and reproduction by TDA, its agents/employees the use of photographs/video taken of my child during camp for use in printed material and electronic forms of media without compensation to me and agree that all material shall constitute TDA property, solely and completely.

Medical Release: This health history is correct, so far as I know, and the person herein has permission to engage in all program activities. I understand and agree that TDA assumes no financial obligations for such medical treatment, but, in the case that I cannot be reached for an emergency, I hereby give permission to the physician/medical facility selected by TDA to provide emergency treatment for my child.

I agree to and understand that the participants must follow and abide by the rules and regulations set by TDA for the health, safety, and welfare of all the children. Children may not leave the property or established boundaries without staff permission.

- If my child will not be attending the program, I will call TDA by 8:30 am and notify staff.
- I will sign my child in and out each day.

PARENT/GUARDIAN SIGNATURE _____ **DATE** _____